

# Manitou Springs Aquatic Center

**Schedule: August 22<sup>nd</sup> – September 19<sup>th</sup>, 2005**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	6:00-8:00am Lap Swim	6:00-9:00am Lap Swim	6:00-8:00am Lap Swim	6:00-9:00am Lap Swim	6:00-8:00am Lap Swim	7:30-9:00am Lap Swim
12:00-1:30pm Lap Swim	8:05-8:50am Aquatic Fit.  9:00-11:00am Rec Swim	9:05-9:50am Aquatic Fit.  10:00-10:45am Sr. Aerobics	8:05-8:50am Aquatic Fit.  9:00-11:00am Rec Swim	9:05-9:50am Aquatic Fit.  10:00-10:45am Sr. Aerobics	8:05-8:50am Aqua Power  9:00am – 11:00am Rec Swim	9:05-9:50am Aquatic Fitness
1:30-4:00pm Rec Swim	11:00 - 11:45am Spec. Needs  12:00-2:00pm Lap Swim	11:00-2:00pm Lap Swim	11:00 - 11:45am Spec. Needs  12:00-2:00pm Lap Swim	11:00-2:00pm Lap Swim	11:00-11:45am Special Needs	10:00-12:00pm Nova Swim Team
	2:00-6:00pm Rec/Lap Swim	2:00-5:30pm Rec/Lap Swim	2:00-6:00pm Rec/Lap Swim	2:00-5:30pm Rec/Lap Swim	12:00 - 2:00pm Lap Swim	12:00-1:30pm Lap Swim
	6:05-6:50pm Aquatic Fit.	5:40-6:25pm Aquatic Fit.	2:00-6:00pm Rec/Lap Swim	5:40-6:25pm Aquatic Fit.	2:00-6:00 Rec/Lap Swim	1:30-4:00pm Rec Swim
	7:00-8:30pm Nova Swim Team	6:30-8:30pm Nova Swim Team	6:05-6:50pm Aquatic Fit.  6:50-8:00 Rec/Lap Swim	6:30-8:30pm Nova Swim Team		

For more information please call 685-9735 or on the web at  
<http://www.manitousprings-co.gov/aquatics.asp>

# Manitou Springs Aquatic Center

--	--	--	--	--	--	--